

CERTIFICATE OF PARTICIPATION

This is to certify that

Rodney Podmore

Has successfully participated & completed the

5km Prison Break Night Run & Walk

held at Leeuwkop Golf Club.

TIME 00:38:17

PACE 07:39/km

GENDER 48 of 79

OVERALL 101 of 223

40 - 49 13 of 14

20 February 2019, Wed

Date



BoutTime

Signature

